



CITY OF CARLSBAD
RECREATION DEPARTMENT

1200 CARLSBAD VILLAGE
DRIVE
CARLSBAD, CA 92008

TEL: 760-434-2826
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WWW.CARLSBADCA.GOV

CREATING COMMUNITY
THROUGH PEOPLE, PARKS AND
PROGRAMS.

SATURDAY TRAIL SCHOOL TO BE HELD ON OCTOBER 14TH

Do you think trail maintenance is all about picking up litter?

On Saturday, October 14th, the Carlsbad Recreation Department will be hosting a free **“Saturday Trail School”** from 9am to 12pm. Meet at the Community Center at Calavera Hills Community Park, 2997 Glasgow Drive.

The purpose of this educational session is to give new (and ongoing) volunteers the opportunity to learn more about:

- Trail tools and work safety
- Trail construction and trail improvements
- Trail inspection- erosion and tips to keep trails sustainable

Please wear hiking boots and be prepared for a field experience of hands-on trail work. Afterwards, we will share

a light lunch. Knowledgeable trail volunteers and Parks Maintenance staff, will share their insights and experiences with all trail volunteers regarding trail planning and maintenance.

You do not need to register in advance, but please visit www.ci.carlsbad.ca.us in mid September and go to the “Trails” webpages for more information.

All participants will receive a course completion certificate at the end of the training session and a copy of the City’s Trail Work Plan listing future trail improvement projects and opportunities to assist in maintenance, allowing them to use their newly acquired skills.



“TRAIL BLAST” FITNESS PROGRAM BEGINS THIS FALL

The City of Carlsbad Recreation Department is joining with county parks and recreation agencies to promote health and wellness in our community.

New this year, is an event called **“Trail Blast”**—focusing on how trails can help you keep physically fit.

Before each walk (or run), participants will be guided by a professional fitness trainer and receive tips on how to make the most out of their workout on the trails.

Motivational tips will also be provided to keep participants on track with their fitness goals between “Trail Blast” Saturdays. Pedometers will be given out to also help keep track of how many

steps to wellness are taken on each of these hikes.

Work up a sweat, enjoy Carlsbad’s beautiful trails and give your feet a break from hard concrete—we invite everyone to join us!

Four consecutive Saturdays at 9am:

Sept. 9th – Hosp Grove (2.5 miles)

Sept. 16th – Rancho Carrillo Trails (4 miles)

Sept. 23rd – Box Canyon Trail (3 miles)
[Note: Most difficult trail]

Sept. 30th – Lake Calavera Trails
(see related story on next page)

Visit www.ci.carlsbad.ca.us or call 760-602-7524 for more information.

PROTECTING PUBLIC LANDS IN OUR CITY

Saturday, September 30th is designated “National Public Lands Day”—and the Trail Volunteers will once again be doing their part to improve the Open Space and Trails at Lake Calavera.

This is the nation’s largest, hands-on volunteer event dedicated to enhancing and preserving our public lands.



Beginning at 9 am, this event will focus on:

- Trail Erosion Repairs and improvements
- Litter pick-up
- Invasive plant removal

Water and Snacks will be provided.

We invite everyone to participate in making a difference in this natural open space where Mount Calavera presides—pictured at right). This work is important not only so we have safe, fun trails for recreation, but also to help protect the natural beauty of Carlsbad’s open spaces.

*Great things are done
when men and mountains
meet; This is not done by
jostling in the street.*
– William Blake, English
poet, 1757-1827

EAGLE SCOUTS BLAZE TRAILS

The focus this summer out on the trails has been the great work that Eagle Scout volunteers in our community are providing. The heat waves of summer arrived early this year, but that didn’t stop ambitious Eagle Scouts from making trail improvements this summer.

Two projects completed recently include:

- Arroyo Vista Trail ditch crossing (bridge) by Chris McFadden, Troop 784
- Hosp Grove Trail system trail mileage markers and trail head markers installed by Aron Gunner, Troop 748

Chris McFadden fund-raised and contributed over \$900 for materials for the construction of the Arroyo Vista



ditch crossing project. This beautiful bridge construction was completed in only two days, with the volunteer assistance of Matt O’Donnell, who resides in the Arroyo Vista community. A whopping 316 volunteer hours were spent planning and constructing the bridge.

Our hats also go off to Aron Gunner who installed much needed trail mileage markers and trail signage at Hosp Grove. Aron spent most of his spring hiking and planning the marker installation on 2.5 miles of trail in Hosp Grove. He is also updating the trail map by color-coding the trails. Once the trail was marked out, Aron and volunteers from his troop installed 27 wood mileage markers and logged 175 hours of volunteer time on this project.



NEED TO REACH OUT TO A TRAIL CAPTAIN?

Trail captains are special volunteers who assume responsibility for a particular trail. They work hand-in-hand with other volunteers to make sure their assigned trail receives regular maintenance.

Currently, the Carlsbad Citywide Trails System has five trail captains.

If you have a maintenance request for a particular trail, please contact the designated captain. They will either request additional assistance from the Parks Maintenance Department or arrange for other volunteers to assist in routine maintenance and trail improvements on their designated trail.

Hosp Grove

Nancy & Chuck Anson
722-5805
nanson@owl.csusm.edu

Rancho Carrillo

Tom Gulihur
931-0395
tom@calcoastrealty.com

Arroyo Vista

Barbara Irani
634-7935
bargus1@adelphia.net

La Costa Glen and La Costa Valley

Kathy Appello
930-9856
6425 Tobria Terrace, Carlsbad

Aviara

Dave Robertson
929-9388
daber36@yahoo.com

Lake Calavera

Kevin Skjei
594-4771
kskjei@cnlm.org

Box Canyon

Don Stapp
431-0727
dstapp@msn.com

Did you know that this newsletter was prepared by a trail volunteer?

Have an idea for a newsletter article contact Volunteer Newsletter Editor Yvonne Pesquera at

yvonne@pesquera.net

UPDATE ON LAKE CALAVERA TRAILS MASTER PLAN

The City of Carlsbad has been working hard to establish a multi-use recreational public trail system in the Lake Calavera area. The improvements under considerations are:

Staging Area

- Parking lot—Gravel or stabilized decomposed granite (eight spaces)
- Restroom facility
- Informational kiosk
- Bicycle rack
- Drinking fountain
- Low-level lighting (bollards)
- Litter receptacles

Public Trail Improvements

- No new trails—Improvements to existing trails, abandoned farm roads and utility access roads
- Trail closures and restoration to native conditions
- Interpretive Signage Program
- Trail Signage including posting of established Trail Use Regulations

The user groups allowed to use the Lake Calavera trails are:

Walkers, cyclists, hikers, runners, nature viewing. No motorized vehicles are allowed.



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QUESTIONS ON TRAILS?

CONTACT LIZ KETABIAN,
PARK PLANNER
AT THE CITY OF
CARLSBAD RECREATION
DEPARTMENT AT
434-2978

TRAIL EVENTS CALENDAR

September

Trail Blast

Saturday, September 9th
9am
Hosp Grove (2.5 miles)

Trail Blast

Saturday, September 16th
9am
Rancho Carrillo Trails (4 miles)

Quarterly Trail Meeting – open to all

Thursday, September 21st
6:30pm
Meet at Carlsbad Faraday Center
1635 Faraday Avenue
(corner of Camino Hills)

Trail Blast

Saturday, September 23rd
9am
Box Canyon Trail (3 miles)
[Note: most difficult trail]

Trail Blast & National Public Lands Day

Saturday, September 30th
9am
Lake Calavera off Tamarack Ave.

October

Saturday Trail School

Saturday, October 14th
8am
Calavera Hills Community Park

December

Quarterly Trail Meeting – open to all

Thursday, December 14th
6:30pm
Meet at Carlsbad Faraday Center
1635 Faraday Avenue
(corner of Camino Hills)